

ADVANCED WILDERNESS LIFE SUPPORT®
MOAB, UTAH September 28 – October 1, 2011
Moab Regional Hospital

MOAB AWLS CONFERENCE SCHEDULE

Wednesday, September 28

- 8:00 **WELCOME**
- 8:15 Patient Assessment
- 8:45 Wilderness Wound Management
- 9:45 Lightning
- 10:15 Break
- 10:30 Medical Problems
- 11:30 Head, Ear, Eye, Nose, Throat, Skin
- 12:30 Water Disinfection
- 1:00 ---End of Morning Session---
- 2:00- 6:00 **HANDS ON TEACHING GROUP #1**
- 2:00-6:00 **Optional Adventures (Rafting, Biking, Climbing)**

EVENING LECTURE

- 8:00 **Climbing Adventures**
 With author and renowned climber Greg Child

Thursday, September 29

- 7:30 Bites & Stings
- 8:30 Submersion
- 9:00 Break
- 9:15 Hypothermia/Frostbite/Hyperthermia
- 10:15 Medical Kits
- 10:45 Break
- 11:00 Infectious Disease
- 12:00 Avalanche Avoidance & Survival
- 12:30 ---End of Morning Session---
- 2:00-6:00 **HANDS ON TEACHING GROUP #2**
- 2:00-6:00 **Optional Hiking Workshop**

EVENING LECTURE

- 8:00 TBD

Friday, September 30

8:30 **Wilderness Medicine Victim Scenarios Group #2**

12:00 **Wilderness Medicine Victim Scenarios Group #1**

3:30 ----End of Outdoor Session----

Saturday, October 1

8:00 **Wilderness Life Support Testing Scenarios Group #1**

11:00 **Wilderness Life Support Testing Scenarios Group #2**

2:00 Dive Medicine

3:00 Altitude Illness

3:30 **AWLS EXAM**

4:30 CONFERENCE ADJOURNED

Onsite Sign-in

This AWLS conference is being held at the newly opened Moab Regional Hospital. This modern facility offers a large conference room and dining facilities on site, and is also within walking distance of Main Street and local hotels. There will be onsite sign-in for the course on Wednesday morning from 7:00am to 8:00am at the Hospital conference room (450 W Williams Way, Moab). You will receive any course hand outs at that time. Sign-in is required so that we have an accurate record of your attendance for CME credits.

Course Description

“Learn the skills to prevent medical problems, reduce suffering and save lives in non-traditional medical settings”

- Earn your Advanced Wilderness Life Support certification
- Learn the latest practical hands-on wilderness medicine skills for patient assessment, treatment and evacuation protocols
- Practice your skills in live scenarios
- Taught by leading experts
- Obtain up to 24.5 hours of category 1 CME

COURSE OBJECTIVES

To provide a practical foundation in Wilderness Medicine for medical professionals

To teach patient assessment and treatment guidelines for life support until definitive care or evacuation is available

To train the provider in methods for managing medical and trauma emergencies and urgencies in the wilderness when evacuation is unavailable or unnecessary.

To teach techniques and guidelines for evacuation

Students will be divided into 2 groups for the hands on teaching sessions. These groups will be chosen based on optional adventure/workshop registration and personal choice as feasible. Please plan on spending 1 to 2 afternoons attending the hands on teaching curriculum.

You must hold a medical license (MD, PhD, Nurse, PA, Paramedic, EMT, second year or later student) to certify in AWLS. We also require that you have completed a BLS or CPR certification at sometime in the past.

TOPICS INCLUDE:

- | | |
|--------------------------------------|--------------------------------------|
| ➤ Patient assessment | Wound management |
| ➤ Trauma | Water treatment |
| ➤ Medical problems | Hyperthermia, hypothermia, frostbite |
| ➤ Infectious disease | Medical kits |
| ➤ Head, Ear, Eye, Nose, Throat, Skin | Lightning |
| ➤ Animal & insect bites | HAPE/HACE |
| ➤ Legal concerns | Musculoskeletal injuries |

The Wilderness Medical Society designates this educational activity for a maximum of 24.5 AMA PRA *Category 1 Credit(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through joint sponsorship of the Wilderness Medical Society and AdventureMed. The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

Optional Workshop & Optional Adventures

You may choose to participate in ONE optional activity (fee applies).

Hiking

The group will hike through one of the areas spectacular red rock canyons, rich with natural history and beauty. The group leader will review common medical problems encountered on wilderness hikes/activities and evacuation protocols. The group will also discuss group dynamics and basic hiking essentials and may encounter medical scenes during the hike.

The following are **non-instructional outings** conducted by an experienced local guide service. These activities are arranged for your convenience and the opportunity to experience one of Moab's great outdoor activities.

Mountain biking

Moab is the mountain biking capital of the world. Enjoy a moderate bike ride with a local guide service. You will be provided with a bike and a helmet. We will need your height to reserve a bike of the correct size. This activity is appropriate for beginners to advanced bikers.

Climbing

Climbing in the red rock country of Moab is suitable for both novices and experienced climbers. Learn the basic techniques of climbing on top rope as well as climbing safety with a local guide service. This workshop will be focused on climbing and a discussion of simple climbing rescue techniques and exposure to skills like belaying, rappelling, knot tying and escaping a belay. All equipment will be provided. This workshop is only 4 hours so is not intended to be a high angle rescue course. It is appropriate for non climbers to advanced climbers.

Rafting

This outing includes a raft trip down the scenic Colorado River "Fisher Tower" section. You'll run both mild rapids and calm water stretches of the mighty Colorado as it flows through towering red rock walls.

Course Materials

The AWLS textbook is available as a digital download from the AWLS website ("curriculum" tab). You will be provided with a password with your registration confirmation. The AWLS textbook in hard copy or E reader will be available for purchase from our publisher. A link to the publisher will be provided. All relevant material will be presented in the course lectures.

CONTRIBUTING FACULTY

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NOTE: Listed faculty may not lecture at every conference. A final schedule will be provided prior to each AWLS course.

Moab

Moab is the gateway to the Colorado plateau offering some of the most unique geology and natural beauty in the world. It is surrounded by red rock country including Arches and Canyonlands National Parks and is adjacent to the mighty Colorado River. It is considered by many to be the mountain biking capital of the world, well known for the Slickrock trail and many other recreational attractions. In addition to mountain biking, the area offers hiking, river rafting, climbing, four wheeling and endless sightseeing. The desert climate makes it an ideal place to enjoy clear blue skies and mild temperatures during the fall. The town of Moab is host to a number of restaurants, shops and other attractions. For more information visit the Moab website at www.moab-utah.com. For mountain biking information visit www.utahmountainbiking.com

Lodging

The conference is being held at the Moab Regional Hospital located at 450 W Williams Way in Moab. We have arranged for group lodging rates at several hotels.

Moab Valley Inn

It is a full service hotel, featuring a swimming pool, Jacuzzi, fitness center, game room, business center, in room refrigerator, wireless internet and free continental breakfast. It is within walking distance of local restaurants and shops. AdventureMed has contracted with the Inn for special room rates (\$105.00 for a standard room and \$135.00 for a suite, rates do not include the 12.25% room tax). Please contact the Inn directly via telephone at 800-831-6622 to make your reservations at this special group rate. Be certain that you are booking your reservation for the “wilderness medicine, AWLS conference”. If the Hotel reservation person indicates there are no rooms available for the conference, ask to speak with Tera Lyn Allred, Sales Manager. The group rate will be subject to availability 45 days prior to the conference. www.moabvalleyinn.com

Online booking

https://reservations.ihotelier.com/crs/g_reservation.cfm?groupID=558351&hotelID=75490

Aarchway Inn

Located at the North end of Main Street at the entrance to the town of Moab, the Aarchway Inn is a 97 room Moab lodging facility nestled between the picturesque red rock cliffs and buttes of the Colorado River. We are two miles from [Arches National Park](#) and 30 minutes from [Dead Horse Point](#) and [Canyonlands National Park](#). All of our rooms at Aarchway Inn are over-sized, giving you an additional sense of luxurious space. Full, complimentary hot breakfast awaits you each morning, or you can enjoy a leisurely cup of joe in your room with your own coffee maker, and enjoy your own snacks in the in-room refrigerator and microwave. Expanded cable and wireless Internet are also standard, as are irons and ironing boards as well as hair dryers. We also offer secure bike storage, an indoor exercise room and an outdoor pars exercise course. Children will be delighted to play in one of our two playgrounds with a pirates ship complete with a slide, or take a dip in our relaxing outdoor heated swimming pool. For a little more intense body therapy, try our over-sized open-air hot tub before enjoying a BBQ on the gas grills surrounded by lush lawns. The whole family can enjoy a game in our full sized sand volleyball court, before settling in for roasting marshmallows around a large, inviting fire pit. The Inn is offering a group rate of \$89 per night plus tax. Please ask for rate code MC11 when calling for your reservation. www.aarchwayinn.com

Gonzo Inn

The eclectic expression of southwest influences, retro 70's and industrial era is entertaining and tantalizing to the senses. All **Gonzo Inn, Moab Utah, hotel rooms** are uniquely decorated with superior furnishings, vibrant colors and hand-selected materials. It is a short walk to downtown and to the Moab Regional Hospital. All king rooms have one king bed with superior furnishings and patio or balcony, amenities include refrigerator & microwave. King rooms sleep a maximum of two occupants. The group rate is \$138 plus tax. Ask for the AWLS wilderness medicine conference group rate when making your reservations. www.gonzoinn.com

Please make your reservation promptly as Moab is a popular destination during the fall.

For other questions regarding lodging please contact AdventureMed and AWLS at 866-830-3394 or visit the Moab website at or www.moab-utah.com

Please visit our Facebook page if you would like to post info regarding sharing a room or transportation with another student. www.facebook.com/pages/AWLS-Advanced-Wilderness-Life-Support/180716034310

Transportation

Moab is located in southeastern Utah, just 4 miles south of the entrance to Arches National Park, and 30 miles east of Canyonlands National Park.

The closest international airport is in Salt Lake City, where air shuttle and ground transportation are available. Moab is relatively easy to reach from Salt Lake City, approximately a four hour drive. Most major rental car companies have locations at the Salt Lake International Airport (Avis, Budget, Dollar, Hertz, National). There are also shuttle services that can drive you to Moab.

There is also an airport at Grand Junction, Colorado, which is about a 90 minute drive to Moab. Rental cars are also available at the Grand Junction airport.

Scheduled Air Service

Moab's Scheduled Airline Service

Great Lakes Airlines Daily scheduled service to Denver, Colorado (800) 554-5111 – Reservations

Please visit our Facebook page if you would like to post info regarding sharing a room or transportation with another student. www.facebook.com/pages/AWLS-Advanced-Wilderness-Life-Support/180716034310

Clothing and Other Equipment

Moab is generally warm in the months of September/October (70+ degrees F) and so shorts and warm weather clothes are appropriate. However, the nights and mornings can be chilly and there is a chance of rain in the desert in the fall, so bring a rain suit and warmer clothes. The sun is quite strong and so hats and protective clothing are recommended. All technical equipment (bike helmets, bike water bottles, climbing helmets and harnesses, ropes, climbing shoes) for optional workshops will be provided. Wetsuits are not necessary for the raft outing.

Registration

To register you can complete the form below and fax, email or mail it to AdventureMed. Or, you can register online at www.awls.org.

Cancellation Policy: No refunds will be given within 30 days of the date of the start of the conference. If you need to cancel within the 30 day period we will apply your payment to a future AWLS course of your choosing.

PLEASE PRINT LEGIBLY AND INCLUDE YOUR EMAIL ADDRESS

MOAB CONFERENCE – Sept 28- Oct 1, 2011

Registration Information- Please enter conference attendee's information below. Please complete all fields including the type of registration. Please contact us at 866-830-3394 if you have any questions regarding your registration.

First name _____ Last name _____

Company or employer _____

Billing address _____

Address 2 _____

City _____ State _____ Zip _____

Province/Country _____ Email _____

Phone _____ Alternate phone _____

Fax _____

Comments or special requests _____

Type of Registration _____

Type	Description	Price
A	Physician	\$695
B	Nurse/PA/EMT/Paramedic	\$495
C	Student/Resident	\$495
D	BWLS (for non-medical people)	Call for info

CME: 24.5 hours of Category One Physician CME available.

Optional adventures Mountain biking \$85 Climbing \$95 Rafting \$65Optional workshop Hiking \$85**Note: You can only register for one optional activity**Payment method credit card checkCredit card type Visa MC Amex

Card # _____ Expiration date _____

Customer code _____

You may pay by credit card or check. Fax your credit card application to 801-606-3101. You will receive confirmation within ten days. Make checks payable to **AdventureMed, LLC** and remit to the address listed below.

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